

# LET'S ENJOY "NEW SPORTS"

## International Exchange Sports Festival

### 【DATE and TIME】

**Saturday Oct18th 2025**

**10am~12pm**

**Reception starts from 9:30**

### 【PLACE】

**Okayama Prefectural  
Multipurpose Ground**

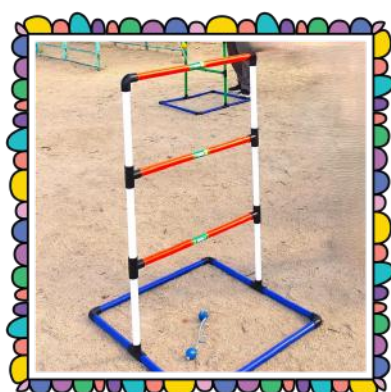
**-Sub Arena-**

**Participation is free**

**Let's enjoy 3 "New Sports" together !!!**



**CUROLLING**



**LADDER  
GETTER**



**DISC  
CONTROL**

### What are "New Sports" ??

- Founded in the mid-20th century.
- People of all ages and abilities can enjoy new sports together.
- No physical strength required.
- Participation is open to all, regardless of age or gender.
- Simple rules make it easy to join.



**To apply,  
please visit our website**

**Organized by** Okayama Prefectural International Exchange Foundation(OPIEF)  
Okayama Prefectural General Sports Grand Consortium • Team Okayama  
(Okayama Prefectural General Cooperation Organization)  
Okayama Prefectural Japan-China Friendship Association

**Supported by** Okayama Prefectural Recreation General Incorporated Association  
Specified Nonprofit Organization Sport Life ' 91 Amaki



## CUROLLING

Similar to curling, but played on indoor floors instead of ice. Players slide special stones aiming for scoring zones, competing with strategy and skill.



## LADDER GETTER

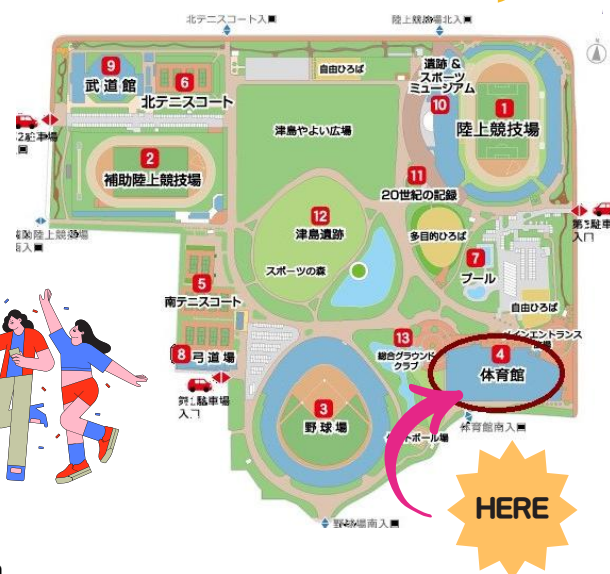
Throw two balls tied together by a string at a ladder-shaped target, trying to hook them and score points. The game is simple but strategic, and fun for kids and adults alike.

## DISC CONTROL

Players take turns throwing discs toward a target disc, and the closest one scores the point. Enjoyable, regardless of physical strength, making it great for health and socializing.

## PARTICIPANT INFORMATION

- Please check-in by 10:00am.
- Public transportation is recommended.  
Parking lots are expected to be crowded.
- Please bring indoor sports shoes.
- Wear comfortable clothing suitable for exercise.  
Changing rooms are available.
- Bring your own drinks to stay hydrated.



- DATE** Saturday, October 18th, 2025
- TIME** 10:00 AM to 12:00 PM (Reception opens at 9:30 AM)
- LOCATION** Okayama Prefectural Multipurpose Ground Gym, Sub-Arena  
(2-1-3 Izumi-cho, Kita-ku, Okayama city)
- ACCESS**
- 20-minute walk north from JR Okayama Station (west gate).
  - Or take a 10-minute bus from JR Okayama Bus Terminal (west or east gate) to "Sports Center-Mae" stop.

**PARTICIPATION FEE** Free

**PARTICIPANTS**

- All foreign and Japanese residents living in Okayama Prefecture.
- Maximum 60 people (Pre-registration required)

**TO APPLY** Please scan the QR code on the front page or visit the OPIEF website.

**CONTACT** Okayama Prefectural International Exchange Foundation( OPIEF)  
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(Open hours: 9:00 AM to 5:00 PM, Monday–Saturday)

